

## Important Laboratory Information: Change in PSA Reference Range from 01.04.2026

Dear Madam or Sir,  
From April 1, 2026, we will be updating the reference range for prostate-specific antigen (PSA), also known as total PSA or tPSA, to

**< 3 µg/L.**

This change aligns our practice with recommendations in the latest version of the German S3 Guideline on Prostate Cancer. Consequently, our previous age-specific reference values, which were based on manufacturer specifications, will be discontinued.

### *Recommendations from the German S3 Guideline for the Early Detection and Diagnosis of Prostate Cancer*

For men aged 45 and older with a life expectancy of at least 10 years, prostate cancer screening may be performed at the patient's request following a medical consultation regarding the benefits and risks.

Risk assessment is then performed based on the PSA level. An elevated PSA level  $\geq 3$  µg/L should be rechecked within 3 months to rule out influencing factors. If this level is confirmed in the second measurement, a urological consultation should be scheduled. If a risk of prostate cancer is confirmed during this consultation, a magnetic resonance imaging (MRI) scan of the prostate should be performed.

PSA	Risk classification	Recommendation
< 1,5 µg/L	Low risk	Follow-up every 5 years
1,5 – 2,99 µg/L	Intermediate risk	Follow-up every 2 years
$\geq 3$ µg/L	High risk (if <u>confirmed</u> )	Repeat test within 3 months. If the value is confirmed, a urological evaluation is recommended.

If you have any questions, please do not hesitate to contact us.

Kind regards,

MVZ Labor Dr. Limbach & Kollegen

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